

# RELIGIOUS HOLIDAY

- Buddhist New Year - For three days after the first full moon of April, Buddhists celebrate New Year's Day in certain countries.
- Magha Puja Day and Sangha Day - This celebration usually occurs on the day of full moon in March.

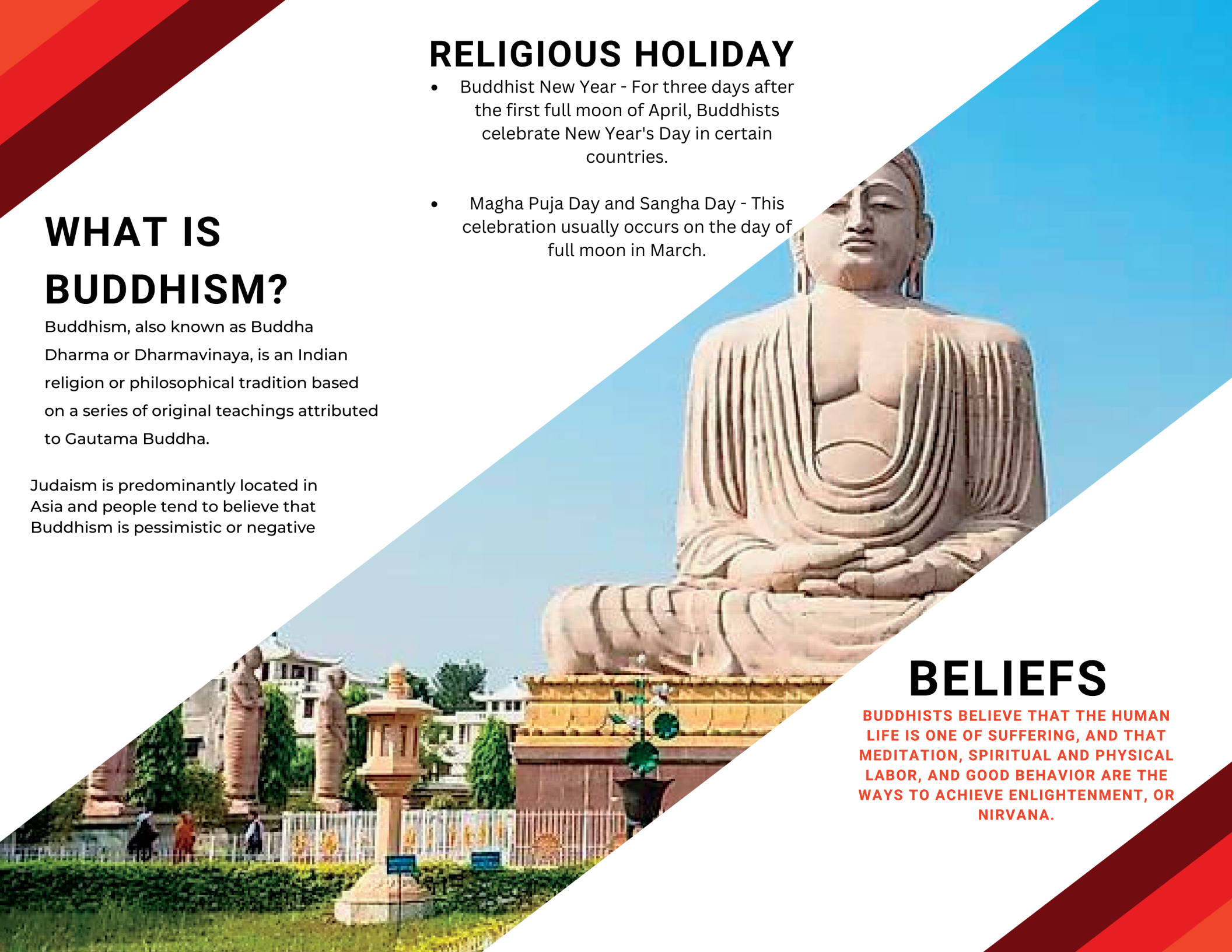
## WHAT IS BUDDHISM?

Buddhism, also known as Buddha Dharma or Dharmavinaya, is an Indian religion or philosophical tradition based on a series of original teachings attributed to Gautama Buddha.

Judaism is predominantly located in Asia and people tend to believe that Buddhism is pessimistic or negative

## BELIEFS

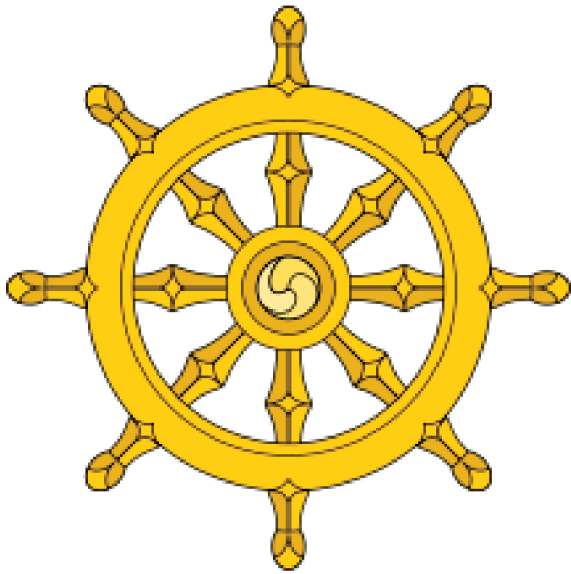
**BUDDHISTS BELIEVE THAT THE HUMAN LIFE IS ONE OF SUFFERING, AND THAT MEDITATION, SPIRITUAL AND PHYSICAL LABOR, AND GOOD BEHAVIOR ARE THE WAYS TO ACHIEVE ENLIGHTENMENT, OR NIRVANA.**



# World Religions

Volume 3

## Buddhism



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