

WHAT IS ECKISM?

Eckankar is a new religious movement founded by Paul Twitchell in 1965. Its membership today is primarily in North America, Europe, Asia and Africa. The spiritual home is the Temple of ECK in Chanhassen, Minnesota. Eckankar is not affiliated with any other religious group.

RELIGIOUS HOLIDAY

- Spiritual Exercises of ECK - Where they sing the syllable HU
- Soul Shifting - Where your spirit leaves your body to freely roam

ECK is predominantly located in north America and people tend to believe that Sudar Singh and Rebazar Tarzs are not genuine historical personages but literary inventions developed by Twitchell to conceal his past associations.

BELIEFS

ONE IMPORTANT SPIRITUAL EXERCISE OF ECKANKAR IS THE SINGING OR CHANTING OF HU, AND IS VIEWED IN ECKANKAR AS A "LOVE SONG TO GOD".



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ECK



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